



Celebrating HINDU HERITAGE OM SHANTI 11 Chants for Peace

NOVEMBER 2022

PLEASE USE FREELY WITH ACKNOWLEDGEMENT, THANK YOU



OM SHANTI: PRAYER FOR ALL

ॐ सर्वे भवन्तु सुखिनः
सर्वे सन्तु निरामयाः ।
सर्वे भद्राणि पश्यन्तु
मा कश्चिद्दुःखभाग्भवेत् ।
ॐ शान्तिः शान्तिः शान्तिः ॥

OM, May All be Happy,
May All be Free from Illness.
May All See what
is Auspicious,
May no one Suffer.
OM Peace, Peace, Peace.

Om Sarve Bhavantu Sukhinah

Sarve Santu Niraamayaah

Sarve Bhadraanni Pashyantu

Maa Kashcid-Duhkha-Bhaag-Bhavet

Om Shaantih Shaantih Shaantih ||





OM SHANTI: MAY ALL BEINGS BE HAPPY AND FREE

ॐ शान्तिः OM SHANTI: Om Peace

OM is known as the sound of the universe – the first sound. Shanti means peace. Like Namaste, OM Shanti is used as a greeting or parting salutation. It can be said any time

लोकाः समस्ताः सुखिनो भवन्तु ॥

ॐ शान्तिः शान्तिः शान्तिः ।

Loka Samastha Sukhino Bhavantu

Om Shanti Shanti Shanti

May all beings everywhere be happy and free, and may the thoughts, words, and actions of my own life contribute in some way to that happiness and to that freedom for all.

OM SHANTI SHANTI SHANTI is a universal prayer for peace which is chanted before or after all Hindu prayers or after a meditation session.

Shanti is chanted three times to emphasize the desire for peace at many different levels such as:

Peace at the level of the body, mind and spirit

Peace within myself, in the environment and the whole world

Peace by removal of suffering caused by acts of nature, such as storms; acts from people and situations around us, and from our own thoughts, emotions and actions.



Canadian Organization for Hindu Heritage Education

Listen to this chant here:
<https://youtu.be/usJl7oiZPnc>



OM SHANTI: PEACE WITHIN, PEACE EVERYWHERE

ॐ द्यौः शान्तिरन्तरिक्षं शान्तिः
पृथिवी शान्तिरूपः शान्तिरोषधयः शान्तिः ।
वनस्पतयः शान्तिर्विश्वदेवाः शान्तिर्ब्रह्म शान्तिः
सर्वं शान्तिः शान्तिरेव शान्तिः सा मा शान्तिरेधि
॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Dyauh Shaantir-Antarikssam Shaantih
Prthivii Shaantir-Aapah Shaantir-Ossadhayah
Shaantih |
Vanaspatayah Shaantir-Vishvedevaah
Shaantir-Brahma Shaantih
Sarvam Shaantih Shaantir-Eva Shaantih Saa
Maa Shaantir-Edhi |
Om Shaantih Shaantih Shaantih ||

Listen to this chant here:
<https://youtu.be/by91moTTwIM>

OM, Peace is in Sky;
Peace is in Space (between Earth & Sky);
Peace is in Earth;
Peace is in Water;
Peace is in Plants;
Peace is in Trees;
Peace is in Gods (presiding over the various elements of Nature);
Peace is in Brahman (Absolute Consciousness);
Peace is pervading everywhere;
Peace alone (which is outside) is in Peace (which is inside);
May you be (established in) that Peace (and make your life fulfilled);
OM, Peace, Peace, Peace.



OM SHANTI: PEACE TROUGHT FRIENDS



मैत्रीं भजत, अखिल हृत्त जैत्रीं ।
अत्मवद एव परान् अपि पश्यत ।
युद्धं त्यजत, स्पर्धां त्यजत ।
त्यजत परेषु अक्रम-आक्रमणं ॥

जननि पृथिवी काम-दुखर्ते ।
जनको देवः सकल दयालुः ।
'दमयत, दत्त, दयध्व' जनता ।
श्रेयो भूयते सकल जनानां ॥

Maithreem Bhajatha Akila Hrith Jeththreem

Atmavat Eva Paraan Api Pashyata

Yuddham Tyajata Spardhaam Tyajata

Tyajata Pareshwa Akrama Aakramanam

Jananee Prithivee Kaamadughaastey

Janako Deva: Sakala Dayaalu

Daamyata Daamyata Daamyata Dayathvam
Janathaa

Shreyo Bhooyaath Sakala Janaanaam

Listen to this chant here

<https://youtu.be/CjcOnvm7htA>

Cultivate friendliness, it is the only way to conquer the hearts of one and all.

Put yourself in other's shoes, and look upon them as yourself, only then you will understand their problems

Renounce War

Give up unnecessary competition for power

Give up aggression

This earth is mother and she gives us all we desire

We have one Father, He is very compassionate to all

So, practice restraint

So, donate your wealth to others

So, be kind to others, show compassion

Oh people of the world

May all people of this world be happy and prosperous.





OM SHANTI: CHANT TO AWAKEN THE INTELLECT FOR PEACE

ॐ भूर्भुवः स्वः
तत्सवितुर्वरेण्यं
भर्गो देवस्य धीमहि
धियो यो नः प्रचोदयात् ॥

Om Bhuur-Bhuvah Svah
Tat-Savitur-Varenyam
Bhargo Devasya Dhiimahi
Dhiyo Yo Nah Pracodayaat ||

Listen to the chant here:
<https://youtu.be/4IFlaG45xM8>

OM, Pervading the Bhu
Loka (Earth, Consciousness of
the Physical Plane), Bhuvar
Loka (Antariksha, The
Intermediate Space,
Consciousness of Prana)
and Swar Loka (Sky, Heaven,
Consciousness of the Divine
Mind),

That Savitur (Savitri, Divine
Essence of the Sun) which is
the most Adorable,

I Meditate on that Divine
Effulgence,

May that Awaken our Intellect
(Spiritual Consciousness).



तत्सवितुर्वरेण्यं

Canadian Organization for Hindu Heritage Education



OM SHANTI: ONE WORLD, ONE FAMILY

अयं बन्धुरयं नेति गणना लघुचेतसां
उदारचरितानां तु वसुधैव कुटुम्बकं

Ayam bandhurayam neti
ganana laghuchetasam
udaracharitanam tu
vasudhaiva kutumbakam

Only small men discriminate
saying: One is a relative; the
other is a stranger.
For those who live
magnanimously the entire
world constitutes but a family –
One world, one family.



To listen to this chant:
<https://youtu.be/dOlf-Ho6Kw4>

तरोहिटे



OM SHANTI: PEACE CHANT FOR ENLIGHTENMENT

ॐ असतो मा सद्गमय ।
तमसो मा ज्योतिर्गमय ।
मृत्योर्मा अमृतं गमय ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om, (O Divine) Keep me not in (the Phenomenal World of) Unreality, but make me go towards the Reality (of Eternal Self),

Keep me not in (the Ignorant State of) Darkness, but make me go towards the Light (of Spiritual Knowledge),

Keep me not in (the World of) Mortality, but make me go towards the World of Immortality (of Self-Realization),

Om, Peace, Peace, Peace.

Om Asato Maa Sad-Gamaya |
Tamaso Maa Jyotir-Gamaya |
Mrtyor-Maa Amrtam Gamaya |
Om Shaantih Shaantih Shaantih
||



तहहहह



OM SHANTI: THERE IS ONLY PEACE AND FULLNESS

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Puurnnam-Adah
Puurnnam-Idam
Puurnnaat-Puurnnam-Udacyate |
Puurnnasya Puurnnam-Aadaaya
Puurnnam-Eva-Avashissyate ||
Om Shaantih Shaantih Shaantih ||

Om, That (Outer World) is Purna (Full with Divine Consciousness);

This (Inner World) is also Purna (Full with Divine Consciousness);

From Purna is manifested
Purna (From the Fullness of Divine Consciousness the World is manifested);

Taking Purna from Purna, Purna indeed remains (Because Divine Consciousness is Non-Dual and Infinite);

Om, Peace, Peace, Peace.



Listen to this chant here:
<https://youtu.be/yJXEKmbtsts>



OM SHANTI: STUDENTS & TEACHERS PRAY FOR PEACE

ॐ सह नाववतु ।
सह नौ भुनक्तु ।
सह वीर्यं करवावहै ।
तेजस्वि नावधीतमस्तु मा विद्विषावहै ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Saha Naavavatu |
Saha Nau Bhunaktu |
Saha Viiryam Karavaavahai |
Tejasvi Naavadhiitam-Astu Maa
Vidvissaavahai |
Om Shaantih Shaantih Shaantih ||

Listen to this chant here:

<https://youtu.be/hDSG50vtnXg>

Om, Together may we two
Move (in our Studies, the
Teacher and the Student),
Together may we two
Relish (our Studies, the
Teacher and the Student),
Together may we perform (our
Studies) with Vigour (with
deep Concentration),
May what has been Studied by
us be filled with
the Brilliance (of
Understanding, leading to
Knowledge); May it Not give
rise to Hostility (due to lack of
Understanding),
Om Peace, Peace, Peace.





OM SHANTI: MAY ALL LIVE IN PEACE

ॐ सर्वेषां स्वस्तिर्भवतु ।
सर्वेषां शान्तिर्भवतु ।
सर्वेषां पूर्णं भवतु ।
सर्वेषां मङ्गलं भवतु ।
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Sarveshaam Svastir-Bhavatu
|
Sarveshaam Shaantir-Bhavatu |
Sarveshaam Puurnnam-Bhavatu |
Sarveshaam Manggalam-Bhavatu
|
Om Shaantih Shaantih Shaantih
||

May there be Well-
Being in All,
May there be Peace in All,
May there be
Fulfilment in All,
May there be
Auspiciousness in All,
Om Peace, Peace, Peace.

Listen to Tina Turner sing this chant here;
<https://youtu.be/6XP-f7wPM0A>



तरोहिण