

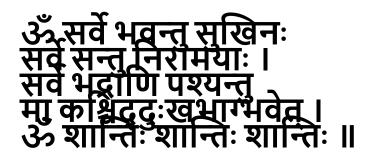
Celebrating HINDU HERITAGE **OM SHANTI 11 Chants for Peace**

NOVEMBER 2022

PLEASE USE FREELY WITH ACKNOWLEDGEMENT, THANK YOU



OM SHANTI: PRAYER FOR ALL



Om Sarve Bhavantu Sukhinah



Sarve Santu Niraamayaah

Sarve Bhadraanni Pashyantu

Maa Kashcid-Duhkha-Bhaag-Bhavet

Canadian Organization for Hindu Heritage Education Om Shaantih Shaantih Shaantih ||

OM, May All be Happy, May All be Free from Illness. May All See what is Auspicious, May no one Suffer. OM Peace, Peace, Peace.



OM SHANTI: MAY ALL BEINGS BE HAPPY AND FREE

ॐ शान्तिः OM SHANTI: Om Peace

OM is know as the sound of the universe – the first sound. Shanti means peace. Like Namaste, OM Shanti is used as a greeting or parting salutation. It can be said any time

लोकाः समस्ताः सुखिनोभवंतु ॥ ॐ शान्तिः शान्तिः शान्तिः ।

Loka Samastha Sukhino Bhavantu

Om Shanti Shanti Shanti

May all beings everywhere be happy and free, and may the thoughts, words, and actions of my own life contribute in some way to that happiness and to that freedom for all. OM SHANTI SHANTI SHANTI is a universal prayer for peace which is chanted before or after all Hindu prayers or after a meditation session.

Shanti is chanted three times to emphasis the desire for peace at many different levels such as:

Peace at the level of the body, mind and spirit

Peace within myself, in the environment and the whole world

Peace by removal of suffering caused by acts of nature, such as storms; acts from people and situations around us, and from our own thoughts, emotions and actions.



Listen to this chant here: https://youtu.be/usJl7oiZPnc



OM SHANTI: PEACE WITHIN, PEACE EVERYWHERE

ॐ द्यौः शान्तिरन्तरिक्षं शान्तिः पथिवी शान्तिरापः शान्तिरोषधयः शान्तिः । वनस्पतयः शान्तिविश्वदेवाः शान्तिर्ब्रह्म शान्तिः सर्वं शान्तिः शान्तिरेव शान्तिः सा मा शान्तिरेधि ॥ ॐ शान्तिः शान्तिः शान्तिः ॥

Om Dyauh Shaantir-Antarikssam Shaantih Prthivii Shaantir-Aapah Shaantir-Ossadhayah Shaantih | Vanaspatayah Shaantir-Vishvedevaah Shaantir-Brahma Shaantih Sarvam Shaantih Shaantir-Eva Shaantih Saa Maa Shaantir-Edhi | Om Shaantih Shaantih Shaantih ||

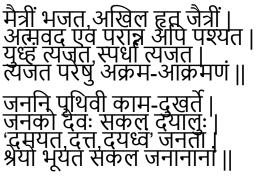
Listen to this chant here: https://youtu.be/by91moTTwIM OM, Peace is in Sky; Peace is in Space (between Earth & Sky); Peace is in Earth; Peace is in Water; Peace is in Plants; Peace is in Trees; Peace is in Gods (presiding over the various elements of Nature); Peace is in Brahman (Absolute Consciousness); Peace is pervading everywhere; Peace alone (which is outside) is in Peace (which is inside); May you be (established in) that Peace (and make your life fulfilled); OM, Peace, Peace, Peace.



Canadian Organization for Hindu Heritage Education

OM SHANTI: PEACE TROUGHT FRIENDS





Maithreem Bhajatha Akila Hrith Jeththreem

Atmavat Eva Paraan Api Pashyata

Yuddham Tyajata Spardhaam Tyajata

Tyajata Pareshwa Akrama Aakramanam

Jananee Prithivee Kaamadughaastey

Janako Deva: Sakala Dayaalu

Daamyata Daamyata Daamyata Dayathvam Janathaa

Shreyo Bhooyaath Sakala Janaanaam

Listen to this chant here https://youtu.be/CjcOnvm7htA Cultivate friendliness, it is the only way to conquer the hearts of one and all.

Put yourself in other's shoes, and look upon them as yourself, only then you will understand their problems

Renounce War

Give up unnecessary competition for power

Give up aggression

This earth is mother and she gives us all we desire

We have one Father, He is very compassionate to all

So, practice restraint

So, donate your wealth to others

So, be kind to others, show compassion

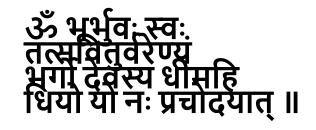
Oh people of the world

May all people of this world be happy and prosperous.





OM SHANTI: CHANT TO AWAKEN THE INTELLECT FOR PEACE



Om Bhuur-Bhuvah Svah Tat-Savitur-Varennyam Bhargo Devasya Dhiimahi Dhiyo Yo Nah Pracodayaat ||



OM, Pervading the Bhu Loka (Earth, Consciousness of the Physical Plane), Bhuvar Loka (Antariksha, The Intermediate Space, Consciousness of Prana) and Swar Loka (Sky, Heaven, Consciousness of the Divine Mind),

That Savitur (Savitri, Divine Essence of the Sun) which is the most Adorable,

I Meditate on that Divine Effulgence,

May that Awaken our Intellect (Spiritual Consciousness).





OM SHANTI: ONE WORLD, ONE FAMILY

अयं बन्धूरयं नेति गणना लघुचेतसां उदारचरितानां तु वसुधैव कुटुम्बकं

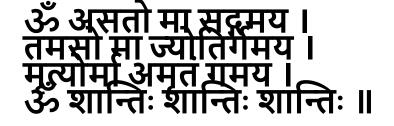
Ayam bandhurayam neti ganana laghuchetasam udaracharitanam tu vasudhaiva kutumbakam Only small men discriminate saying: One is a relative; the other is a stranger. For those who live magnanimously the entire world constitutes but a family – One world, one family.



To listen to this chant: https://youtu.be/dOlf-Ho6Kw4



OM SHANTI: PEACE CHANT FOR ENLIGHTENMENT



Om Asato Maa Sad-Gamaya | Tamaso Maa Jyotir-Gamaya | Mrtyor-Maa Amrtam Gamaya | Om Shaantih Shaantih Shaantih Om, (O Divine) Keep me not in (the Phenomenal World of) Unreality, but make me go towards the Reality (of Eternal Self),

Keep me not in (the Ignorant State of) Darkness, but make me go towards the Light (of Spiritual Knowledge),

Keep me not in (the World of) Mortality, but make me go towards the World of Immortality (of Self-Realization),

Om, Peace, Peace, Peace.





OM SHANTI: THERE IS ONLY PEACE AND FULLNESS

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते । पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥ ॐ शान्तिः शान्तिः शान्तिः ॥

Om Puurnnam-Adah Puurnnam-Idam Puurnnaat-Puurnnam-Udacyate | Puurnnasya Puurnnam-Aadaaya Puurnnam-Eva-Avashissyate || Om Shaantih Shaantih Shaantih ||



Listen to this chant here: https://youtu.be/yJXEKmbtsts Om, That (Outer World) is Purna (Full with Divine Consciousness);

This (Inner World) is also Purna (Full with Divine Consciousness);

From Purna is manifested Purna (From the Fullness of Divine Consciousness the World is manifested);

Taking Purna from Purna, Purna indeed remains (Because Divine Consciousness is Non-Dual and Infinite);

Om, Peace, Peace, Peace.



OM SHANTI: STUDENTS & TEACHERS PRAY FOR PEACE

ॐ सह नाववतु । सह नो भुनक्तु । सह वीय करवावहै । तेजस्वि नावधीतमस्त मा विद्विषावहै । ॐ शान्तिः शान्तिः शान्तिः ॥

Om Saha Naavavatu | Saha Nau Bhunaktu | Saha Viiryam Karavaavahai | Tejasvi Naavadhiitam-Astu Maa Vidvissaavahai | Om Shaantih Shaantih Shaantih ||

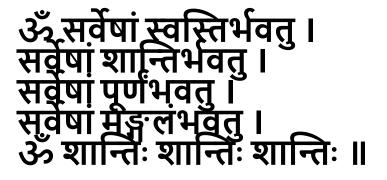
Listen to this chant here: https://youtu.be/hDSG50vtnXg

Om, Together may we two Move (in our Studies, the Teacher and the Student), Together may we two Relish (our Studies, the Teacher and the Student), Together may we perform (our Studies) with Vigour (with deep Concentration), May what has been Studied by us be filled with us be filled with the Brilliance (of Understanding, leading to Knowledge); May it Not give rise to Hostility (due to lack of Understanding), Om Peace, Peace, Peace.





OM SHANTI: MAY ALL LIVE IN PEACE



Om Sarveshaam Svastir-Bhavatu

Sarveshaam Shaantir-Bhavatu | Sarveshaam Puurnnam-Bhavatu | Sarveshaam Manggalam-Bhavatu

Óm Shaantih Shaantih Shaantih

May there be Well-Being in All, May there be Peace in All, May there be Fulfilment in All, May there be Auspiciousness in All, Om Peace, Peace, Peace.

Listen to Tina Turner sing this chant here; https://youtu.be/6XP-f7wPM0A

