



# Celebrating HINDU HERITAGE OM SHANTI 11 Chants for Peace

NOVEMBER 2022

PLEASE USE FREELY WITH ACKNOWLEDGEMENT, THANK YOU



## OM SHANTI: PRAYER FOR ALL

ॐ सर्वे भवन्तु सुखिनः  
सर्वे सन्तु निरामयाः ।  
सर्वे भद्राणि पश्यन्तु  
मा कश्चिद्दुःखभाग्भवेत् ।  
ॐ शान्तिः शान्तिः शान्तिः ॥

OM, May All be Happy,  
May All be Free from Illness.  
May All See what  
is Auspicious,  
May no one Suffer.  
OM Peace, Peace, Peace.

Om Sarve Bhavantu Sukhinah

Sarve Santu Niraamayaah

Sarve Bhadraanni Pashyantu

Maa Kashcid-Duhkha-Bhaag-Bhavet

Om Shaantih Shaantih Shaantih ||





## OM SHANTI: MAY ALL BEINGS BE HAPPY AND FREE

ॐ शान्तिः OM SHANTI: Om Peace

OM is known as the sound of the universe – the first sound. Shanti means peace. Like Namaste, OM Shanti is used as a greeting or parting salutation. It can be said any time

लोकाः समस्ताः सुखिनो भवन्तु ॥

ॐ शान्तिः शान्तिः शान्तिः ।

Loka Samastha Sukhino Bhavantu

Om Shanti Shanti Shanti

May all beings everywhere be happy and free, and may the thoughts, words, and actions of my own life contribute in some way to that happiness and to that freedom for all.

OM SHANTI SHANTI SHANTI is a universal prayer for peace which is chanted before or after all Hindu prayers or after a meditation session.

Shanti is chanted three times to emphasize the desire for peace at many different levels such as:

Peace at the level of the body, mind and spirit

Peace within myself, in the environment and the whole world

Peace by removal of suffering caused by acts of nature, such as storms; acts from people and situations around us, and from our own thoughts, emotions and actions.





## OM SHANTI: PEACE WITHIN, PEACE EVERYWHERE

ॐ द्यौः शान्तिरन्तरिक्षं शान्तिः  
पृथिवी शान्तिरस्यः शान्तिरोषधयः शान्तिः ।  
वनस्पतयः शान्तिर्विश्वदेवाः शान्तिर्ब्रह्म शान्तिः  
सर्वं शान्तिः शान्तिरेव शान्तिः सा मा शान्तिरेधि  
॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Dyauh Shaantir-Antarikssam Shaantih  
Prthivii Shaantir-Aapah Shaantir-Ossadhayah  
Shaantih |  
Vanaspatayah Shaantir-Vishvedevaah  
Shaantir-Brahma Shaantih  
Sarvam Shaantih Shaantir-Eva Shaantih Saa  
Maa Shaantir-Edhi |  
Om Shaantih Shaantih Shaantih ||

Listen to this chant here:  
<https://youtu.be/by91moTTwIM>

OM, Peace is in Sky;  
Peace is in Space (between Earth & Sky);  
Peace is in Earth;  
Peace is in Water;  
Peace is in Plants;  
Peace is in Trees;  
Peace is in Gods (presiding over the various elements of Nature);  
Peace is in Brahman (Absolute Consciousness);  
Peace is pervading everywhere;  
Peace alone (which is outside) is in Peace (which is inside);  
May you be (established in) that Peace (and make your life fulfilled);  
OM, Peace, Peace, Peace.



## OM SHANTI: PEACE TROUGHT FRIENDS



मैत्रीं भजत, अखिल हृत्त जैत्रीं ।  
अत्मवद एव परान्न अपि पश्यत ।  
युद्धं त्यजत, स्पर्धा त्यजत ।  
त्यजत परेषु अक्रम-आक्रमणं ॥

जननि पृथिवी काम-दुखर्ते ।  
जनको देवः सकल दयालुः ।  
'दमयत, दत्त, दयध्व' जनतो ।  
श्रेयो भूयते सकल जनानां ॥

Maithreem Bhajatha Akila Hrith Jeththreem

Atmavat Eva Paraan Api Pashyata

Yuddham Tyajata Spardhaam Tyajata

Tyajata Pareshwa Akrama Aakramanam

Jananee Prithivee Kaamadughaastey

Janako Deva: Sakala Dayaalu

Daamyata Daamyata Daamyata Dayathvam  
Janathaa

Shreyo Bhooyaath Sakala Janaanaam

Listen to this chant here

<https://youtu.be/CjcOnvm7htA>

**Cultivate friendliness, it is the only way to conquer the hearts of one and all.**

**Put yourself in other's shoes, and look upon them as yourself, only then you will understand their problems**

**Renounce War**

**Give up unnecessary competition for power**

**Give up aggression**

**This earth is mother and she gives us all we desire**

**We have one Father, He is very compassionate to all**

**So, practice restraint**

**So, donate your wealth to others**

**So, be kind to others, show compassion**

**Oh people of the world**

**May all people of this world be happy and prosperous.**





## OM SHANTI: CHANT TO AWAKEN THE INTELLECT FOR PEACE

ॐ भूर्भुवः स्वः  
तत्सवितुर्वरेण्यं  
भर्गो देवस्य धीमहि  
धियो यो नः प्रचोदयात् ॥

Om Bhuur-Bhuvah Svah  
Tat-Savitur-Varenyam  
Bhargo Devasya Dhiimahi  
Dhiyo Yo Nah Pracodayaat ||

Listen to the chant here:  
<https://youtu.be/4IFlaG45xM8>

OM, Pervading the Bhu Loka (Earth, Consciousness of the Physical Plane), Bhuvar Loka (Antariksha, The Intermediate Space, Consciousness of Prana) and Swar Loka (Sky, Heaven, Consciousness of the Divine Mind),

That Savitur (Savitri, Divine Essence of the Sun) which is the most Adorable,

I Meditate on that Divine Effulgence,

May that Awaken our Intellect (Spiritual Consciousness).



तठेहे



## OM SHANTI: ONE WORLD, ONE FAMILY

अयं बन्धुरयं नेति गणना लघुचेतसां  
उदारचरितानां तु वसुधैव कुटुम्बकं

Ayam bandhurayam neti  
ganana laghuchetasam  
udaracharitanam tu  
vasudhaiva kutumbakam

Only small men discriminate  
saying: One is a relative; the  
other is a stranger.  
For those who live  
magnanimously the entire  
world constitutes but a family –  
One world, one family.



To listen to this chant:  
<https://youtu.be/dOlf-Ho6Kw4>





## OM SHANTI: PEACE CHANT FOR ENLIGHTENMENT

ॐ असतो मा सद्गमय ।  
तमसो मा ज्योतिर्गमय ।  
मृत्योर्मा अमृतं गमय ।  
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Asato Maa Sad-Gamaya |  
Tamaso Maa Jyotir-Gamaya |  
Mrtyor-Maa Amrtam Gamaya |  
Om Shaantih Shaantih Shaantih  
||

Om, (O Divine) Keep me not in (the Phenomenal World of) Unreality, but make me go towards the Reality (of Eternal Self),

Keep me not in (the Ignorant State of) Darkness, but make me go towards the Light (of Spiritual Knowledge),

Keep me not in (the World of) Mortality, but make me go towards the World of Immortality (of Self-Realization),

Om, Peace, Peace, Peace.



ॐ





## OM SHANTI: THERE IS ONLY PEACE AND FULLNESS

ॐ पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्यते  
पूर्णस्य पूर्णमादाय पूर्णमेवावशिष्यते ॥  
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Puurnnam-Adah  
Puurnnam-Idam  
Puurnnaat-Puurnnam-Udacyate |  
Puurnnasya Puurnnam-Aadaaya  
Puurnnam-Eva-Avashissyate ||  
Om Shaantih Shaantih Shaantih ||

Om, That (Outer World) is Purna (Full with Divine Consciousness);

This (Inner World) is also Purna (Full with Divine Consciousness);

From Purna is manifested Purna (From the Fullness of Divine Consciousness the World is manifested);

Taking Purna from Purna, Purna indeed remains (Because Divine Consciousness is Non-Dual and Infinite);

Om, Peace, Peace, Peace.





## OM SHANTI: STUDENTS & TEACHERS PRAY FOR PEACE

ॐ सह नाववतु ।  
सह नौ भुनक्तु ।  
सह वीर्यं करवावहै ।  
तेजस्वि नावधीतमस्तु मा विद्विषावहै ।  
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Saha Naavavatu |  
Saha Nau Bhunaktu |  
Saha Viiryam Karavaavahai |  
Tejasvi Naavadhiitam-Astu Maa  
Vidvissaavahai |  
Om Shaantih Shaantih Shaantih ||

Listen to this chant here:

<https://youtu.be/hDSG50vtnXg>

Om, Together may we two Move (in our Studies, the Teacher and the Student), Together may we two Relish (our Studies, the Teacher and the Student), Together may we perform (our Studies) with Vigour (with deep Concentration), May what has been Studied by us be filled with the Brilliance (of Understanding, leading to Knowledge); May it Not give rise to Hostility (due to lack of Understanding), Om Peace, Peace, Peace.



तर्कहृद



## OM SHANTI: MAY ALL LIVE IN PEACE

ॐ सर्वेषां स्वस्तिर्भवतु ।  
सर्वेषां शान्तिर्भवतु ।  
सर्वेषां पूर्णं भवतु ।  
सर्वेषां मङ्गलं भवतु ।  
ॐ शान्तिः शान्तिः शान्तिः ॥

Om Sarveshaam Svastir-Bhavatu  
|  
Sarveshaam Shaantir-Bhavatu |  
Sarveshaam Puurnnam-Bhavatu |  
Sarveshaam Manggalam-Bhavatu  
|  
Om Shaantih Shaantih Shaantih  
||

May there be Well-  
Being in All,  
May there be Peace in All,  
May there be  
Fulfilment in All,  
May there be  
Auspiciousness in All,  
Om Peace, Peace, Peace.

Listen to Tina Turner sing this chant here;  
<https://youtu.be/6XP-f7wPM0A>



तरोहे